

1-Day Grounded Training

Tuesday 5 December 2023, 9am-4.30pm

CFF Offices, 177-179 Narborough Road, Leicester, LE3 0PE

Ideal for practitioners who are wanting to develop their group work skills and have the opportunity to deliver our inspirational Grounded programme

About Grounded

The Grounded groups are for young people aged 11-16yrs old who are struggling to manage conflict with adults and have anger management issues.

The 7-week programme is developed to encourage young people to discuss and explore positive ways to manage conflict. It also provides an interactive environment that empowers young people to learn how they can improve and build more positive relationships at home and/or school.

£149
per person

including a printed and detailed facilitator's guide

About CFF

Centre for Fun and Families have been successfully delivering group work programmes across Leicester & Leicestershire since 1990.

How do I book?

To book a place on this training course please [complete the online form](#).